

## GMHBA HEALTHY HEROES PARENTS EVENT

## You're Invited!

Join us after school on Wednesday 9 November to complete a range of activities together as a child and parent or carer team. As a partnership you will have the opportunity to complete several resilience building activity stations, enjoy some of the yummy snacks available and collect a few special goodies along the way to take home.



## DETAILS

Who: Parents, Carers and Children

**What:** A free one hour event to participate in the Geelong Cats GMHBA Healthy Hero activities

When: Term 4, Wednesday 9 November, 4–5pm

Where: Deakin Cats Community Centre, GMHBA Stadium, Geelong

**Why:** To encourage children and parents and carers to LEARN, LIVE & LEAD our key health messages

## REGISTER INTEREST HERE

\*Places are limited. Confirmation of ticket will be sent after registration.





