

Dear all,

Drummond St services is still here for you, running many webinars, groups and events all accessible on line. There is something for everyone, from music and movement for kids in lockdown, to support with new babies, to managing uncertainty during Covid and staying connected with worried kids and teens during this challenging time.

The Geelong team will be facilitating a free webinar and then a 4 week group – this is a version of our *Parenting teens who worry* seminar and the focus is on *Staying connected with your Anxious Teen through Covid*.

Registration is online

The specific link <https://ds.org.au/events/parenting-teenagers-who-worry/>

Is worry about their future, Covid-19 and the uncertainty of our times affecting your young person's life today? Schooling, home life, relationships with family and friends and a sense of self and emotional wellbeing can all be challenged by the current crisis.

In this webinar and the optional following 4 week group, we explore how to recognise anxiety and emotional or social health issues that might be affecting all family members. We discuss ways to provide a healthy foundation for our teenagers, improve communication and understand and manage these challenges together.

The webinar will provide broad and useful strategies and the group will provide the opportunity for more interactive small group discussions.

The General link for all the events is under Parenting Support/ Events at our website <https://ds.org.au/>

Frances McAloon

Senior Practitioner, Family Mental Health Social Worker

Pronouns: she/her

Phone: (03) 9663 6733 | Mobile: 0407 225 549

Hours: Monday-Friday

*Many of us are now working flexibly and may send emails outside of 'normal' working hours.*

*Please do not feel obliged to reply to this email outside of your working hours*

Select a logo below for further information | [Locate Us](#)



We acknowledge the traditional owners of the Kulin Nation, a place now known by its European name of Melbourne and acknowledge the Traditional Owners for the lands you are working on. As many of us work from home we acknowledge the traditional owners of all stolen lands of other Nations, wherever we are working on this vast



land. We respect their Elders past and present. We also wish to acknowledge that they have never ceded sovereignty and they are strong and resilient in the face of ongoing colonization. Always was, Always will be Aboriginal Land.



This email message may contain confidential or legally privileged information and is intended only for the use of the intended recipient(s). Any unauthorised disclosure, dissemination, distribution, copying or the taking of any action in reliance on the information herein is prohibited. Emails are not secure and cannot be guaranteed to be error free as they can be intercepted, amended, or contain viruses. Anyone who communicates with us by email is deemed to have accepted these risks. Drummond Street Services Inc is not responsible for errors or omissions in this message and denies any responsibility for any damage arising from the use of email. Any opinion and other statement contained in this message and any attachment are solely those of the author and do not necessarily represent those of the organisation.