



Please complete the daily learning tasks for reading, writing and maths which are highlighted grey. Choose one task in each grey box to complete per day. Schedule your week so that you can complete the other tasks at times which suit your routine. Don't forget how important break times, outside play and exercise are.

Daily Reading

Read at least one book together per day
<https://drive.google.com/file/d/16V1HQfncn-JrTZSQ0jWj8tZKH9X0S6SQ/view?usp=sharing>

- This week we are focusing on **rhyme**. Look for books that contain rhyming words (eg. Dr Seuss books, nursery rhymes).
- As you read the story, look for words that rhyme (cat, hat) and draw pictures of rhyming pairs each day.



Inquiry

Our Big Idea for our unit of inquiry is 'Every family in our community is unique.'

- Talk with your family about what you think these words mean: **family, community, and unique**.
- Listen to the story "I'm Quite Unique"
<https://www.youtube.com/watch?v=0PnV8RbL6Wo>
- Talk about how some of our differences make us unique and special (eye colour, hair colour, our special tricks).
- Activity: **My hands are unique like me!** Trace around your hand and then draw the lines and patterns you see on your fingers and hand.
- What do you notice? The patterns and lines on your hands are different, just like we all are!

Mindfulness

Mindfulness teaches the habit of focusing on the present moment and ignoring distractions.

Look for a new meditation which you could complete in Smiling Mind.

Family time:

Tasks chosen should help with the family's workload, e.g.

- Weed the garden
- Help with the cooking
- Folding the washing



Writing

This week we are focusing on **writing left to right**. Everyday you could

- Write a sentence about something that you can do (eg. I can jump). Please ensure you are writing from left to right, you have spaces between words and letters in the right order.
- You can write about something you have enjoyed doing at home.
- If you received a laminated white board you can practise writing your name.



Learning Online optional tasks

- Literacy Planet: Log on and choose one activity to complete, this could be with your current spelling list.
<https://app.literacyplanet.com/login>
- Sunshine Online – Log on and choose a book to read and activity to complete (emergent levels)
<https://www.sunshineonline.com.au/>
USERNAME: dps1645 PASSWORD: dps1645
- Essential assessment
<https://www.youtube.com/watch?v=U2HYM9VXz9k>
- Cosmic Kids Yoga via You Tube
- Watch episodes of Alphablocks, Number Jacks, Number Blocks



Bounce Back

We are learning about Humour.

Laughing and seeing the funny side of things helps us to cope with challenges, feel stronger and makes us feel more hopeful.



Look at the story: The Wrong Book

https://www.youtube.com/watch?v=nX5_duMkEfl

This is a nonsense book, designed to make us laugh as Nicholas Ickle tries to tell his story, but he is constantly interrupted by characters from other stories.



Maths- Pick 1 task to complete per day.

This week we are looking at patterns.

https://drive.google.com/file/d/1cdAFKEcZCSzL1T00XDuvM_ySA-oXvFH1/view?usp=sharing

Task 1- Think about the different types of patterns you know – patterns using colour (the blue and white pattern on your Geelong Cats scarf), patterns using objects (teddy, dog, teddy, dog) etc. as well as patterns in the world around us, for eg. on table cloths, on clothing etc.

Task 2- Make some of your own patterns using objects in your house.

Task 3- Use your cut up number cards and order them on the table from 0-10/20. You could try from 10-0. Mix up the number cards and practise saying them quickly.

Task 4- Can you recite numbers to 10/20 quickly, slowly, loudly, quietly. Call a number out and do the right amount of claps or jumps.

Task 5- Watch the links below and choose a maths ‘warm up’ game to play. If you are unable to view the clips- complete another game from above.

https://drive.google.com/file/d/1zft43idcLF7_DdcYORgB_xHmVst5lqHz/view?usp=sharing

https://drive.google.com/file/d/1mw4ziltxCRK90fjpk9Ka81_Ygh7KVTFK/view?usp=sharing

- **Challenge – See if your family can guess your movement (jump, jump, star) or sound (clap, tap, clap, tap) pattern.**

Jolly Phonics- if you are able to view one clip per day

Task 1. w

<https://drive.google.com/file/d/1bFhz6mAvNt-Ex4ybj81-At-YN7F8ad-F/view?usp=sharing>

Task 2. ng <https://drive.google.com/file/d/1hJrnLrk-VZD7Zbok9dxdKVSsoanBAiG6/view?usp=sharing>

Task 3. v

https://drive.google.com/file/d/14tZ14tu4kzp6H46fXW38PIdTiiA6_n-2/view?usp=sharing

Task 4. oo OO

<https://drive.google.com/file/d/1r6wdZ9fDPjXzxSBCvT9ADxqH2dea4t-J/view?usp=sharing>

Task 5. y

<https://drive.google.com/file/d/1d8pq8FKwsDxCHHK87kVHQifkaACTMEZg/view?usp=sharing>

Optional App Jolly Phonics App does cost \$8 to download but it gives you access to the 42 sounds we are learning with a story, song, formation, activity and game

Use the Jolly Phonics packs to play pairs or snap where the children have to match the sound and pictures they have learnt so far.

Go on a hunt around your house and find objects that have w, ng, v, oo OO or y in them. Send us a photo of your collection.

Quality Developmental Play/Family Time

Children are still developing their play skills, it is important to engage in play time together. Play improves language skills, encourages negotiation, helps students to develop resilience including winning and losing, and children learn through play.

- Play your favourite board game or card game with your family (UNO, Dominoes, Snap)
- Make and use some playdough to develop hand muscle strength
- Have a tea party with some teddy bears
- Encourage the use of social language (eg. please, thank you)

STEM Challenge

I am sure many of you are enjoying watching the new series of **Lego Masters**.

- Make your own creative lego creation and send us a photo! You might decide to make a bridge, create a building or anything you like!
- Whilst you are making your creation, remember you are problem solving, being a flexible thinker, planning and modifying.





Specialist Activities

Art

Hi Preps! I hope learning from home is going well. Here is your activity for the week- happy creating!

<https://docs.google.com/document/d/1JdQGhjfLqqO5N2Wga3d-MpJqF7bAUJNyFtIaVMXNRYg/edit?usp=sharing>

Performing Arts

Dance Activity- 'Creating a Nature Dance!'

What different things can you see in your environment?

- The trees swaying in the breeze outside?
- The water running from the tap in the sink?
- Your t-shirt spinning around in the washing machine?

Task: See if you can move your body to dance like all of the things in your environment.

Now put the movements together and make a Nature Dance, and perform it for family or friends.

If you need inspiration, watch this clip! <https://www.youtube.com/watch?v=bEYSyfEL8nY>

(see below for the '21 Basic Moves' to help you with some moves to create your dance.)





Indonesian

Halo semua (Hello everyone),

Terima kasih (thank you) and **Sampai jumpa** (goodbye) - Have you been using these Indonesian words at home? Your family might try to say these too.



This small lizard is known as a '**cicak**' in Indonesian. They are very common in Indonesia. You will often see them on walls, ceilings, behind pots or underneath furniture. Aduh! (Oh no!) These little creatures do not bite. Have you ever seen a real lizard? If you have, where did you see it?

Nomor-Nomor 1- 10

Satu – 1 Dua – 2 Tiga – 3 Empat – 4 Lima – 5 Enam – 6 Tujuh – 7 Delapan – 8 Sembilan – 9 Sepuluh – 10

Tap a balloon in the air or bounce a ball and practise counting from one to ten in Indonesian.

Sepuluh Cicak

Here is a beautiful song. I think you will know the tune (remember the song '**Sepuluh Bunga**'). Listen to this beautiful song and sing along –

<https://www.youtube.com/watch?v=2mlaDeXIUew&feature=youtu.be>

Tangan Saya (My Hand)

Please follow the link to find this activity - **Tangan Saya**

<https://drive.google.com/file/d/11Z1Q4g7uooVfgxUWb-MOkvXFGYZNoKkQ/view?usp=sharing>



P.E.

Try to do something daily totalling 30 minutes of physical activity. This could be anything, walking the dog, playing on the tramp, just dance videos, etc.

Complete the 3 physical education tasks below.

Video demonstrations of the activities can be found at <https://vimeo.com/showcase/moovosity> (password is *moovosity*)

Balloon Catches

Equipment: 3 different sized balloons (the smallest one can have some water in it)

Instructions:

1. Free catching play with any balloon (Large, medium or small)
2. Once comfortable with the balloons then the challenge can begin below.
 - Level 1- Throw large balloon up in the air (above head height) and catch 5 times
 - Level 2- Throw medium balloon up in the air (above head height) and catch 5 times
 - Level 3- Throw small balloon up in the air (above head height) and catch 5 times
 - Extra challenge- Hold big balloon and attempt to hit another balloon, keeping it up in the air 5 times in a row without losing control of it.



Soft Toy Catches Level 1

Equipment: One soft toy per person

Instructions:

1. Individual and then pairs
2. Begin by self-tossing a soft toy above head height and watching the toy into your hands
3. Once confident catching the toy individually, then partner up and throw and catch with your partner with one toy.
4. Each catch is worth a point but they must be in a row. If you drop one, then you go back to the start and try and beat your score

Level Catches

Equipment: A ball of any size between two.

Instructions:

1. Stand facing your partner at close range.
2. Begin by throwing and catching with your partner with a ball of any size
3. Once you have thrown and caught a ball each at the first distance you both then take a step back away from each other
4. If either pair drops the ball then you go back to the starting distance.
5. A point is awarded each time you and your partner step back and the goal is to beat your top score achieved each time.



DANCE 21 Basic Moves

UPPER BODY

- clap
- grab
- shake
- roll
- swing
- reach
- shoulders

LOWER BODY

- squat
- jump
- knee lift
- kick
- tap
- tippy toes
- slide

CORE

- pump
- bend
- twist

HEAD

- nod
- tilt
- look
- bop

www.danceandbeats.com