








Please complete your reading every day. Then choose at least 1 other task to complete per day. Don't forget to stay in touch with your teachers through FlexiBuzz. We look forward to seeing pictures of your wonderful work so we can give you feedback. Please note: there will usually be 9 grid boxes with activities, however as it is a short week and we are just beginning this process, we have only included 6 activities

for this week.

Happy learning Prep!

<p>Daily Reading</p> <p>Read at least one picture story together each day</p> <ul style="list-style-type: none"> This week we are focusing on retelling. Talk about the story Retell the events or talk about the characters Revise JollyPhonics sounds learnt so far. 	<p>Maths</p> <ul style="list-style-type: none"> Go on a number hunt around your house. Check which numbers you can read, there may be some on the clock, in books, in the pantry on packets of food etc. Practise counting forward to 20 and backwards from 20. Write your numbers to at least 10, go further if you can! 	<p>Mindfulness</p> <p>Mindfulness teaches the habit of focusing on the present moment and ignoring distractions. Practise this skill by following the below link and completing the mindfulness exercises. Repeat this activity as many times as you like or need.</p>  <p>https://www.youtube.com/watch?v=Wsy2L9VvX90</p> <p>If you have any colouring books and pencils, colouring is an excellent way to practise mindfulness.</p>
<p>Writing</p> <ul style="list-style-type: none"> Draw a picture of an event that happened on your holidays (For example: something funny happened, you made something interesting, you discovered something new, you learnt a new skill etc.) Write words to label your pictures. We call this a 'word splash'. 	<p>Quality Developmental Play</p> <p>Children are still developing their play skills, it is important to engage in play time together. Play improves language skills, encourages negotiation, helps students to develop resilience including winning and losing. Children learn through play.</p> <ul style="list-style-type: none"> Participate in some imaginative play. Try to encourage role play and use what you have. Play families, doctors, or pretend you are animals. Use a banana as a phone, a stick as a magnifying glass etc. Let your imagination run wild! 	<p>Specialist</p> <p>Art - Hot Air Balloons Using the 'hot air balloon' template below draw patterns inside the balloon. Ideas could be zig-zags, spots, stripes etc. You could also add in some clouds or birds to your sky. Use texta and/or pencils to carefully colour your work. Template coloring page Hot air</p> <p>PE - Keeping active is super important for your health - try to do something everyday for at least 60 minutes</p> <ol style="list-style-type: none"> Warm-up: Bear Crawl Around House from room to room for 10 minutes (rest when needed). Main Activity: Toss and Catch (Rolled Up Sock) Do each activity for 3 minutes (2 minutes are allotted for transition between activities) Follow instructions on the image below. Check out P.E with Joe Monday 23rd March 2020 The Body Coach TV 2M views New for daily workouts to follow along with Do something active on your own or with a family member - kick a footy, backyard golf, downball, walk the dog. What did you do?



Music - Dance for Fun and Enjoyment

Pick some of your favourite songs and dance along to the videos! Not only is dancing a great way to keep fit, active and learn new moves it also helps us feel great and can create positivity!

Why not try with other family members and complete 1-2 dances a day! (Click on the link for some Just Dance ideas or search for your favourites!)

https://www.youtube.com/playlist?list=PLz0KsHvRF_y06aCY4St4u_AUmLY6RUSHl

-Good Luck- Mr Stephens

Languages -

Lagu (Song)

Sing this Indonesian song with your family and use the gestures that we have been performing in class - Sepuluh Bunga (Ten Flowers). (Click on number '2' to hear the song and click on 'Answers and Translations' for the English translation) -

<https://www.education.vic.gov.au/languagesonline/indonesian/sect03/index.htm>

Interesting fact - Some Indonesian words are similar to English. Illustrate and label a picture of these - buku (book) and pensil (pencil).



Slide 1: Sock Throw and Catch workout

TOSS		TOSS	
 1 2 HAND TOSS 2 HAND CATCH 20 Times	 2 2 HAND TOSS 1 HAND CATCH 20 Times	T O S S A N D C A T C H	
 3 1 HAND TOSS 1 HAND CATCH 20 Times	 4 RAINBOW TOSS CROSS BODY 1 HAND CATCH 20 Times		
 5 TOSS TOUCH GROUND CATCH 12 Times	 6 TOSS TURN AROUND CATCH 12 Times		