

HELPING YOUR KIDS SETTLE INTO SECONDARY SCHOOL



Thursday 7th
November

6:30 to 8:30pm

Highton Primary School
218 Roslyn Road
HIGHTON, GEELONG 3216

ALL PARENTS WANT TO RAISE CONFIDENT AND HAPPY CHILDREN

This seminar will explore ways to promote strong and positive relationships with your children as they navigate the transition to secondary school.

Learn what is important:

- » It's okay not to know everything
- » Don't take things too personally
- » Help your child stay positive
- » Navigate different cultures
- » Self care
- » Role Modelling

Learn how to communicate better:

- » Encouraging your child to listen
- » Working through emotions
- » Praise and encouragement

This group costs **\$10**
(FREE for HCC holders)
BOOK at www.ds.org.au