



# POSITIVE EDUCATION FOR PARENTS

## DISCOVER HOW THE SCIENCE OF WELLBEING CAN HELP YOU AND YOUR FAMILY TO FLOURISH

Join us at the Geelong Library to learn about the key concepts of Positive Education and how you can integrate them into your parenting.

**Learn about current research and practical skills that will help your family:**

- Nurture and sustain positive relationships
- Promote and prolong positive emotions
- Be more engaged and present
- Cultivate a growth mindset
- Increase awareness of character strengths

**AUGUST 22, 2019**

Time: 7.30 - 9.30pm

Cost: \$20

**GEELONG LIBRARY**

Level 5, 51 Little Malop Street

Geelong, VIC

To find out more and to book, visit:  
[www.instituteofpositiveeducation.com](http://www.instituteofpositiveeducation.com)



Regional Parenting Service  
is supported by the  
Victorian Government



Delivered by:

